# Ethics of Radiological Protection in Public Communications - Is Telling the Truth the Answer?

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#### Overview

- Have we been telling the truth about radiation?
- **What is the TRUTH?**
- Is lying the opposite of truth?
- Truth, beliefs, faith, ethics
- How we determine truth
- Possible answers to public communication



#### Did You Know?

- "You can save 15% in just 15 minutes"
- And the answer is ?
  - "Everybody knows that"
- "Well, did you know -----?"
- "Radiation is not nearly as dangerous as most people believe it is!"
- "It is actually very difficult to seriously harm someone with radiation"
  - Is this true?
  - If so, "Why aren't we telling people that?"

#### Is the Answer to Tell the Truth?

- Anecdote of HP at ACS meeting 1985
- "So Ray, you are going to tell us the answers to risk communication"
  - "I do not pretend to have all the answers, I hope to share a few helpful insights"
- "Ray, the answer is simple, "Just tell people the truth"
- "I agree, however, MBTI shows that truth based on logical analysis is only favored by ½ the population"

#### **How We Make Decisions**

- **Thinking 50%** 
  - Logical
  - Analytical
  - Objective
  - Laws
  - Principles
  - Firmness
  - Justice
  - Criticize
  - Analysis
  - Impersonal
  - Cool
  - Truth

- **Feeling 50%** 
  - Personal
  - Empathic
  - Subjective
  - Circumstances
  - Values
  - Persuasion
  - Harmony
  - Appreciate
  - Sympathy
  - Personal
  - Caring
  - Goodness

# My Courtroom Experience

- I used to believe I knew the truth until serving as an expert witness and observing courtroom proceedings
- Witnesses "Swear to tell the truth, the whole truth, and nothing but the truth"
- Feedback from a Federal Judge
  - A trial is carefully orchestrated drama to persuade a judge or jury, truth is incidental

# Have We Been Telling the Truth About Radiation?

- Yes or No?
- Is telling the truth working?
- Is public opinion of radiation any different today than 50 years ago?
- If telling the truth is NOT the answer,
  - -Should we forego telling the truth?
  - -What is the answer?

#### What is the Truth?

- We agree it is important to tell the truth
- **■** But, "What is the Truth?"
  - In accord with fact or reality
  - Fidelity to an original or to a standard or ideal
- What is the process for deciding how words, symbols, ideas, and beliefs may accepted as truth?



#### **Bases for Truth**

- Correspondence theory
  - Relation to actuality
- Coherence theory
  - Fit of elements within a whole system
- Constructivist theory
  - Truth from social processes, perceptions
- Consensus theory
  - Truth is what we agree upon
  - Basis of measurements and calibration



#### More Bases for Truth

- Pluralist theories
  - Having particular properties or coherence
- **Truth in logic** 
  - Determined by patterns in reasoning
  - Scientific truth (often favored by HPs)
- **Truth in mathematics** 
  - Provable within an axiomatic system
- Semantic theory of truth
  - "This sentence is true"
- Objective and subjective truth



#### **Truth and Ethics**

- Ethics Moral principles that govern a person's or group's behavior.
- Rules of conduct recognized in respect to a particular class of human actions or a particular group, culture
- Synonyms: moral code, morals, morality, values, rights and wrongs, principles, ideals, standards (of behavior), value system, virtues, dictates of conscience

#### **Ethics and Public Communication**

- Are we ethical in our communications ?
- Is there a right and wrong way to tell people about radiation risks?
- What is morally justified ?
  - Do we have moral principles to follow?
- Is "telling the truth," the answer?
- Should we, "Just present the facts"?
- If so, "What are the 'true' facts"?
- How do we know what is true?

#### **Ethics and Public Communication**

- Can we justify simplifying technical information to enhance understanding
  - Do we have to be technically accurate?
- Which is more important ?
  - Technical accuracy?
  - Compassion and understanding?
- What approach can we defend?
- What is professionally (ethically) acceptable?



# Lying and Ethics

- No circumstances under which one can ethically lie no matter the consequences
- Scriptures "Thou shall not bear false witness"
- What is lying?
- Are we bound ethically not to lie?
- What are consequences of lying ?

# False, Falsify, or Lie

- Is not telling the truth, the same as lying?
- True or false on an exam
- Omission or commission
- Is telling a half truth, lying?
- Falsification
  - Great concern for RAM licensees



- Bare or bold faced lie
  - Obviously not true
- Big lie
  - Attempts to trick
- Bluffing
  - Act of deception, in cards, sports
- Baloney
  - To convey an impression
- Butler
  - I have a call on another line



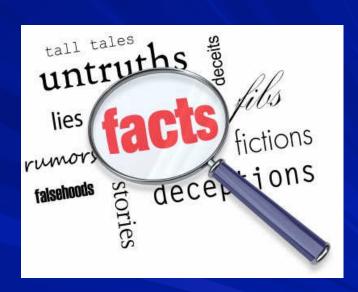
- Contextual lie
  - State part of the truth, out of context
- Economical with the truth
  - Speaking carefully to avoid something
- **Emergency lie** 
  - Strategic lie to minimize harm
- Exaggeration
  - Making something more meaningful than reality



- Fabrication
  - Statement made without verification
- **■** Fib
  - No malicious intent
- Half-truth
  - Deceptive statement partly true
- Haystack answer
  - Truth hidden in volume of false information



- Honest lie
  - Not knowing information is a lie
- Jocose lie
  - A lie meant in jest
- Lie to children
  - The stork brought you
- Lying by omission
  - Leaving something out to foster a misconception



- Lying in trade
  - Advertising untrue facts for marketing
- Minimization
  - Minimizing the facts to avoid something
- Misleading and dissembling
  - Statement to get someone to believe
- Noble lie
  - Statement made for the good of society

- Perjury
  - False statements made under oath
- **Polite lie** 
  - I have another commitment at that time
- View from nowhere
  - Journalism showing both parties equal
- Weasel word
  - Ambiguity for deniability
- **White lie**



- Harmless lie for the greater good Ethics of Radiological Protection, July 17, 2014

### Importance of Truth and Faith

- We have to believe (have faith) in something
- We need realistic expectations to live
- Truth is needed for survival,
  - For coping with the world
- Faith leads to an active life aligned with ideals and beliefs of what is true

# Truth, Facts, Meaning

- "A fact is a synthesis of impressions"
  - Love and Mr. Lewisham,
  - H. G. Wells, 1900
- How do we assess meaning and truth?
- All information is first processed subconsciously by association with stored memories, experience, and beliefs (truths)

# Two Systems for Processing Data

- 1. Conscious Reason and rational analysis of facts
  - Favored by technical specialists
  - May lead to intelligent decisions,
     but, Very Slow and takes effort
  - For radiation safety, we often do not have all the facts, time to gather facts, or knowledge to understand them
- 2. <u>Subconscious</u> Emotion, instinct, and gut reactions, very fast,
  - Does not need all the facts
  - Origin of most decisions, especially for safety

#### Role of Our Conscious Mind < 1%

- Slow, deliberate, rational, thinks, reasons, and makes decisions and choices based on sensory input \_\_\_\_
- Source of knowing and awareness
- Serves as the captain of our ship, the giver of orders
- Processes information to make decisions
- Can only deal with one thing at a time
  - Example

#### Subconscious Mind > 99.999%

- The seat of our emotions / creativity.
- Takes orders from the conscious mind without judgments
- A Very Fast, super computer
- Functions 24 / 7 operating the machine we call our body
  - Regulates our heart, our breathing, digestion of food, healing of cells, etc
- Handles thousands of inputs simultaneously for our health and protection
- Programmed to fear / react instantly to danger

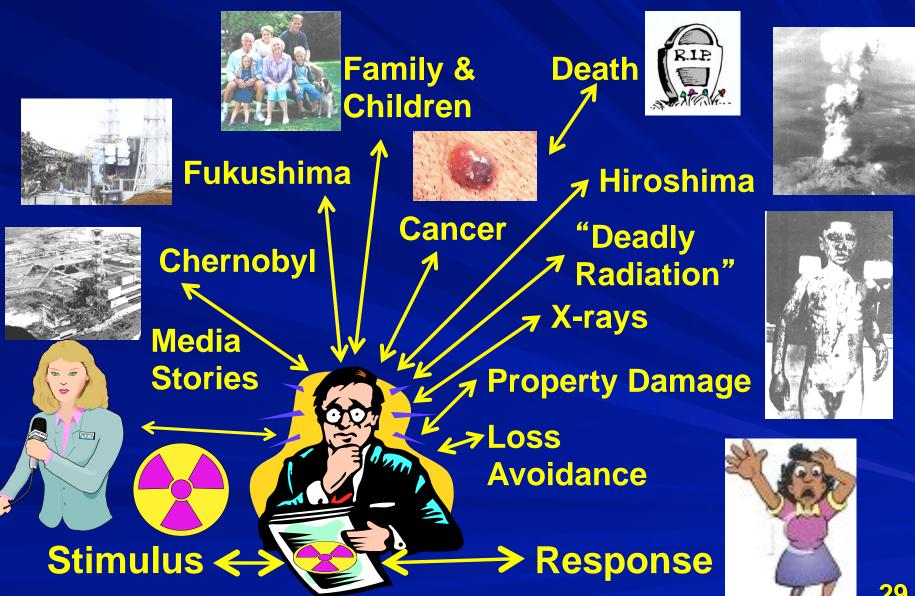
#### Fears of Radiation are Involuntary

- Instinctive fears of heights, snakes, spiders, closed spaces, submersion, public speaking,
- Repeated message "Deadly Radiation"
  - Transferred to subconscious mind for
    - protection basis of meaning
  - Radiation is now an instinctive source of fear
  - Fear of radiation –not a conscious choice
- Subconscious reacts automatically to radiation without consulting the conscious mind
- Decision to "RUN" is now automatic

#### **How We Process Data**

- We process, sort, compare, categorize, and analyze information, in relation to -
  - Immediate circumstances radiation
  - Experiences what have we heard ?
  - Life factors, such as health, wealth, traditions, and lifestyles
  - Loss aversion need to be safe
- With all these inputs we come up with instant judgments
  - Quick judgments are crucial to survival
- Based on limited information
  - May not be best in the long term
  - Is running away the best answer?

#### **Instant Subconscious Processing**



#### Role of the Subconscious Mind

- Influences our conscious view of the world in fundamental ways
  - -How we view ourselves and others
  - The meanings (truth) we attach to everyday events in our lives
  - -Our ability to make quick judgments
  - -The actions we take in response to instinctive experience of the world

# **Ethical Answers to Public Communication?**

- Help people find the TRUTH
- Let people know its OK to be afraid
- Show that you care
- Hear and reflect feelings
- Be a resource to help people to find their own answers
- Provide guidance on steps from Cause to Effect

# Help People Find Answers

- Show and tell
- Demonstration of radioactive antiques
- Compare antique readings with sources of concern
- **Let concerned person do measurements** 
  - Compare readings from antiques with readings for radiation source of concern
- Explain instrument readings

### **Establish Rapport**

- Do not make people wrong for their fears
  - -. It's OK to be afraid.
- Use "Active Listening" to show that you care by hearing and responding to feelings
  - "I don't want anything to do with radiation!"
  - Active Listening Response,
     "Radiation is scary isn't it"
- Invite workers to help answer the question
  - Is this source of radiation safe?
  - Show them steps from Cause to Effect
  - Workers have buy-in to their own answers
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# Steps from "Cause to Effect"

- 1. What are properties of radiation
   α, β, γ, x-ray? Form and quantity?
- 2. Where is it located Inverse square law?
- 3. How is it contained Shielding?
- 4. How will it move in the environment?
- 5. What are the exposure conditions mR / hr ?
- 6. What is the duration of the exposure hr?
- 7. How much energy is deposited in our body mrem?
- 8. What are the health risks at 1 death / 1,000 person rem

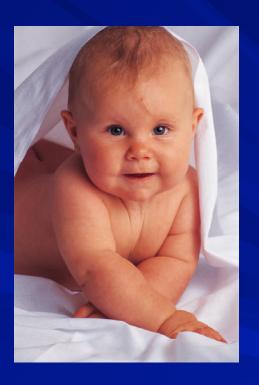
#### What have we Learned Today?

- Is telling the truth the answer?
- Have we been telling the truth about radiation?
- **What is the TRUTH?**
- Is lying the opposite of truth?
- Truth, beliefs, faith, ethics,
- How we process data
- Possible answers to public communication

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# Questions?



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